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Introduction

As this work is intended solely to teach the technic and art of playing the Boehm system Flute, I shall not make any attempt to present a treatise on theory, harmony, counterpoint, etc., but will confine myself to the purpose stated. I do not claim any great originality or put forward any revolutionary ideas, but simply place in a concise form the results of the experience of over twenty years as a teacher and player.

I have tried to grade the exercises and studies in this book so as to form a gradual advancement, and at the same time, I have varied it in such a manner, that the student will not find it tiresome or monotonous.

The Flute is the most "natural" of all wind instruments; there is no strain on the lungs, no force being necessary; therefore the most delicate lady or child can take up the study without fear; in fact the practice and playing of the Flute will develop the lungs and strengthen the chest in the most natural manner. Several of my pupils with a tendency to pulmonary weakness, have been greatly benefited by their study of the Flute.

If the instrument is held properly and the position of the body correctly placed, there is nothing ungraceful about either the player or the instrument, unless marred by the performer's own mannerisms.

The Flute is used in the smallest, as well as the largest orchestras, and is well adapted to the home parlor; the literature of the instrument is extensive and varied; therefore, whether as amateur or professional, the student will be well repaid for the time and patience spent in acquiring the necessary proficiency to play with pleasure to himself and his audience.

Arthur Brooke

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Rudiments Of Music The Staff, The Clef And The Notes

The lines on which the notes in music are written form what is called the Staff; there are five of these lines, but as the five lines alone would not be sufficient for all the notes in music, additional lines are used, above and below the staff, called *Leger lines*. Notes are also placed in the spaces between the lines.

Now even the addition of the leger lines do not give space enough to write the notes used by all instruments and voices, so we use what are called *Clefs*. There are four in general use, viz.; Treble, Alto, Tenor and Bass. In former times there were other clefs in use, but they are now nearly obsolete.

As the Treble clef is the only one used in Flute music, we shall confine our studies to that clef.

There are seven notes in music, called by the names of the first seven letters of the Alphabet, A, B, C, D, E, F, G. These seven notes are pitched in different octaves and have their half tones as well.

The notes in the spaces are easy to learn and remember, as they spell the English word "face."



These are called F in the first space, A in the second, etc., up to the fourth. The notes on the lines are E on the first line, G on the second, etc. up to the fifth line. The compass

of the Flute extends from low C to Eb

The leger lines are named with the notes, thus: C on the first leger line below the staff. (Some flutes extend to $B \models \square$ This is called B below the first leger line.)

The notes above the staff are called A on the first leger line, B above the first leger line, C on the second leger line, etc.



C D E F G A B C D E F G A B C D E F G A B C D E F

We will now give all the notes of the staff used in Flute music.

As the notes on the high leger lines are difficult to read, printers and writers often obviate this difficulty by placing the notes on the lines of the staff or near it, and place above them δva ; this means, play them one octave higher, so that these notes with the δva above subject the staff or near it.



To change the pitch of a note, signs called "accidentals" are placed in front. These are the *Sharp* (\ddagger) which raises the note one half tone; the *Flat* (\flat) which lowers a note one half tone, and the *Natural* (\ddagger) which changes either the sharpened or flattened note back to its original pitch. There is also the *Double Sharp* (\asymp) which raises the note a full tone, and the *Double Flat* (\flat) which lowers the note a full tone.

Music is written in various keys, and in order to do away with the trouble and confusion that would ensue if every note had its accidental with it for each change, the signs changing the keys are put at the beginning of the piece, and again wherever the key changes.

The indication of the key is called the *Signature*. The first key is called the key of C, or natural key, because there is no signature, every note being natural.



The notes that are flat or sharp in the key are indicated by the accidentals in the signature. It will be noticed that the one sharp in the key of G is on the F line, that means the F all through that key is F, being raised half a tone. The key of D is indicated by the two sharps F[#] and C[#], etc.

g

Each note has a certain time value as hereby shown.



There is also a breve used in one or two very slow times or tempi written :



There are also space values equal with the notes; these are called *Rests*, and have the same names as the notes whose values they represent. These rests are:



There are also the two bars, four bars and other rests, thus:

two bars	four bars

But these are almost obsolete. It is usual in modern music to write the one bar rest and place over it a figure denoting the number of bars to be counted or rested, thus:



There is sometimes a dot added to a note or rest. This dot placed after any note, or rest, increases its value one half.



The double dot placed after a note increases its value three quarters.



The double dot is seldom used after a rest.

Time or Tempo (Italian)

Music is written in different time, or tempo, which is indicated at the commencement, and again when the time changes, in the same manner as the signature of the key. The time is divided into *bars* or *measures*. A bar is the space between two lines, thus: ______ these lines are called bar marks. At the end of a *strain*, which may be composed of any number of bars, is a sign of two lines, thicker than the ordinary bar marks; these lines make what is called a *double bar*.

The Times, or Tempi

(With a few examples of their divisions)



The first, common time, sometimes has a line through the **C** thus **¢**; it is then called *alla breve*, and is counted two beats in a bar. The number of beats given in a bar depend on the speed at which the music is taken, and in this way $\frac{3}{4}$ time may be six beats in a bar, if very slow, three beats if a moderate time, or one beat in a bar if very quick. $\frac{6}{8}$ time may be two beats in a bar; $\frac{9}{8}$, three beats; $\frac{12}{8}$, four beats, etc. the beat being divided or multiplied as convenience dictates. There are a few other times that are rarely used and are only variations of the above, respectively $\frac{6}{16}$, $\frac{9}{8}$, $\frac{2}{8}$, etc.

There are a few times that are used mostly in religious music, or when a slow sustained time is desired, these are:





The Correct Position



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No.2



No.3





2021-1

No. 1









1964-5

- The Trills
- When the fingering for termination is not given, use the regular fingering.
- (1) When E is in termination.
 (2) When E is in termination.

- (2) when Eq is in termination.
 (3) When Eq or F\$ is in termination.
 (4) When E\$ or F\$ is in termination.
 (5) The key lever C controls the B\$ key and is used by the first finger of right hand.
 (6) When G\$ or A\$ is in termination.





E b E to to b E to to ţ, tr F tr * О C ЮКЮ -O O. 0 --() O Ο θ \mathbf{H} ()О Ο Ο О O О О О Ο \bigcirc -0 \cap Ю -() \cap О B A A С \mathbf{O} Ο BAT O О О С C О Ο О O. .000... -O-O ۰O ·O--·O· ъŌ -0 0000+000+00-0---O---·O---0-0 -C Ð. O--·Ο 000+000+000 0-0 \bigcirc 日本日塔 日楼 b tr 5 10 65 ±± t∳ 45 15 ₩.++ О -O -0 O \cap О O ዲዊ ር --O О \cap B B M A MO О О ()() -0-0-0-0-0-0 O-Ò -0 \cap O Ο O ·O-O-O O 0-0-0-O - O - C

* All trills from $E \nmid 2$ to $B \nmid 2 - C \nmid$ are exactly as in lower octave 1964-5

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1964-5

Holding The Flute

The Flute must be held firmly, though the hands and fingers should not be cramped or stiff. The exact position depends on the length of the fingers and size of the hand of each individual, but the Flute must be in the same position at the first finger of the left hand with all persons, that is, between the knuckle joint and the second joint, but nearer the knuckle joint than the other. This is important as it is one of the supports of the Flute. The thumb of the left hand should fall easily on the thumb keys, not in a cramped or awkward manner; the other fingers slightly curved to allow the ends to fall on the keys.

The right hand is easier to place, for this reason, when the Flute is in position to play, the hand is in a straight or natural position. The thumb should be under the Flute, but on the inner side; the fingers slightly curved to allow the ends to fall on the key. In particular, see that the little finger falls in an easy comfortable manner on the D# key and within easy reach of the C# and C4 keys.

The lower joint of the Flute should be turned to accommodate the length of the little finger. When placed to the mouth, in the playing position, the Flute should feel firm in the hands and be held firmly against the chin, and the third and fourth fingers of the left hand should be in position to fall on the keys, not as though they were almost under them, and had to be brought up each time that particular finger or fingers were needed.

Naturally in order to have facile technic, there must be as little wasted effort or lost motion as possible, therefore the nearer the fingers keep to the keys at all times, the less waste there will be; the fingers should operate the keys lightly, avoiding a strong impact.

The Position Of The Body And The Arms

The body, from the neck down, should be turned slightly to the right, the face still to the front, and if the player is sitting, the chair should be turned a little to the right, in order to acquire an easy position. Just how much or how little the turn must be, depends on the length of the arms, but the student himself will feel when the position assumed is uncomfortable. The position, of course, must be an erect one, in order to allow for the free action of the breathing organs. See cut on page 16 . There is no need to slant the Flute to more than just enough to allow the little water caused by the condensing of the breath to fall. Of course if the Flute is slanting at all, the head must be at the same angle, as the instrument must be straight below the line of the lips. A graceful easy position is important, or the player will soon tire; also, if the position looks awkward or uncomfortable, it takes away the pleasure of the listener, and may mar an otherwise successful performance.

Position Of The Embouchure

(Or Blow-Hole)

This is a matter in which a strict rule for all cannot be laid down. The exact position must be determined by the shape of the mouth, thickness of the lips, etc. but a general rule can be given, as follows: the edge of the hole should be even with the line of the commencement of the red part of the lower lip, the embouchure, as a rule, turned in a little, reckoning from the center of the line of the finger-holes, but the exact spot at which to place the embouchure must be discovered by the pupil, not at once, but after he gets an approximate idea of the proper manner of blowing, and a knowledge of the correct position of the lips. When this has been acquired, he will find that there is one position of the embouchure where he can get the best tone and command of the general register of the Flute and the most comfortable position for his particular case; but before this is achieved he must be satisfied with a fair average position and tone.

The Tone

Many teachers allow the beginner to go through the first few lessons without any idea of the tone that should be produced, but are apparently satisfied with any kind of a sound, provided the notes are produced in continuity. I have always found it best to give the pupil an idea of the true tone of the Flute from the first, and after a little patient work he will get some semblance of the tone of the instrument, though it may be in a crude fashion.

The tone of the Flute is not that of a whistle; it has a quality entirely its own, and its "tone color" may be understood to sound differently as the individual may construe it. To some it may seem to have a "bell" quality, to others a "reed" quality; but in whatever manner it appeals to the ear, it must have a "center" to it; this I think will be better understood if we call it a "singing" quality.

Placing And Forming The Position Of The Lips

Beginners usually blow *into* the embouchure, whereas they should blow *at* the wall of the embouchure. An examination of the cuts on page 11 will give a good idea of the position the lips must assume in order to produce the correct tone. No 1 is the mouth in a natural or relaxed position. Now as will be seen from cut 2, there is no great change made in the muscles of the face in order to play the Flute, but there must be a "position," and this is formed by the muscles in the cheeks, near the corners of the lips. These muscles pull on the lips, making them a little tighter, or straighter, than the natural formation. Just how much, or how little, of this muscular action there must be, depends on the shape of each individual mouth and the thickness of the lips.

The upper lip must project a little over the lower lip, especially in the lower notes, but this projection is very slight, and to get this correctly might be said to secure the position.

As the player ascends the scale the lower lip goes forward, in fact both lips advance a little but the lower lip the more, at the same time, there is a slight pressing of the lips, but I have always found the pupil does best by thinking of the change of the position of the lips and not letting the thought dwell on the pressure. Again, however, it must be understood these changes are very slight, except in the case of the extreme high notes.

The pupil will, at first of course, hold the lips too stiff, and the tone will be hard and crude, but if the instruction given here is observed, it will approach the real tone of the Flute and continued practice will give the desired flexibility and mellowness.

Study cuts 2 and 4; they are both the same, excepting that one is without the Flute in order to give a better idea of the position of the lips; and whatever the shape of the mouth or jaw, etc. this is the approximate position. If the lower lip is more prominent than the upper, it must be pulled back. If the upper lip is much more prominent than the lower, there must be more pull on the muscles in order to correctly form the playing position.

All this will not be accomplished in a day, but patient application and diligent study will gradually bring the desired result.

Cuts 3 and 5 are the positions adopted in playing the high notes A or B_{\flat} , in altissimo and above.

Although for the sake of uniformity, I have placed the exercises in "Lessons", it is neither intended, nor expected, that the pupil will master any particular set as one task. Let each exercise be thoroughly studied, no matter how much practice it may require.

The commencing or striking of a note, is called "the attack", and this on the flute is done by the tongue, which must make the same movement as in pronouncing the syllable "te," French pronunciation; or like the first syllable in the English word "turkey".

It will be noticed in speaking this syllable "te" that the tongue touches a place between the top of the teeth, or gums, and the roof of the mouth; this is the place the tongue must touch in "attacking" a note. The tongue should never touch as low as the teeth or lips, but must remain above as aforesaid.

Be careful not to get the tongue in an exaggerated position, cramping or rolling it, etc. and do not allow the tongue to strike the mouth like a hammer. The lighter the touch of the tongue the better. The movement is no more or less than the articulation of the syllable "te". Some teachers use the syllable "too" or "tee" also "ta", but I have found that the use of the syllable "too" is liable to cause the pupil to use a peculiar throaty position of the tongue; some also use "de" or "di", but I have proved the "te" to be the most practical.

The pupil must take breath where the ' is placed. These breathing marks are usually placed at the end, or at the break of a phrase. The scholar, by this, forms the habit of "phrasing" the music correctly and will know by ear, when he comes to play other music, where the breathing should be made in order not to disturb the continuance of the musical ideas of the composer.

The first note in Ex. I is the note from which the pupil can usually form the tone somewhere near correctly. If the lips are held too slack, or if the upper lip projects too far over the lower, the tone will be fluffy and hollow; if the lower lip is too far forward, the tone will be hard, dry and "fuzzy". The place to strike is directly between the two extremes. When the tone C is perfectly played (making due allowance for the crudeness of the beginner) the other notes in Ex. I must be maintained in the same quality and quantity; there is no change of the embouchure required in this Ex.

The term "embouchure" is applied both to the blow hole of the flute and the formation of the lips, but in future references, we shall use it as meaning the formation of the lips, this being the meaning intended in the preceding remark.

Try to keep each note the same quality, taking one, as it were, out of the other.

Some pupils can form the tone better on A than on C, therefore if there is difficulty in commencing with the C, let the pupil begin with Ex.II. The remarks used for Ex.I. apply also to this Exercise.

Key of C Major

1st Lesson



In the next Ex. (III) there must be a little of the "pull" on the lips, spoken of under the head of "Placing and forming the position of the lips?' page 19 as we come to the second note of the third measure, the change however is very slight, just sufficient to keep the F and E of the same quality as the G.



Ex. IV. In $\frac{3}{4}$ time. The different times are described and explained under the title "Rudiments of Music," at the beginning of the book. It is understood that all the exercises, particularly the first few lessons, must be studied at first slowly and the speed increased as the scholar becomes more familiar with each exercise.



In the second measure of Ex. V. be careful that the C does not get too high in quality. I have always found it best to let the scholar think of this note as belonging to the *lower* octave. By this the embouchure forms itself, in a manner of speaking, and it assists the tone and pitch, because if the thought is given to the C that it belongs to the *lower* octave, it is prepared for by the lips, and the tones near this, C# D. Eb and even Eb, seem to blend with the lower notes, or rather fall into their respective proper positions, then there is then no "break" or "step," in the continuity of the tone. This idea is probably difficult for a beginner to grasp, but if he studies it a little my meaning will be apparent.



In Ex. VI. eigteenth measure do not let the E get hard and dry; it must have a little more lip support than D, but very little, then, as I said before, imagine that the C is in the lower octave, and you will blend the E, D, C, into their relative qualities. If the phrase is too long to follow the regular breathing marks, breathe also at (\mathbf{y}) .



Key of G Major.

2ª Lesson.

Ex. I. is written especially for the tone; breathe after each bar, or after every two bars. Do not practice these exercises mechanically, but listen to each tone, and if not satisfactory, go back a few notes to one where the tone was better, and try and play the succeeding notes of the same quality; also bear in mind that a tone exercise is practiced to *prepare* the tone for the exercises to follow. Therefore the tone qualities of Ex. I must be carried as much as possible through all others.



In the fifth measure of Ex. II the G must not be too pinched, but it must have a certain amount of lip support in order to be in tune and the next note must come down again almost into the lower octave quality; in fact the difference between C and D is so slight that if the D is reckoned as belonging to the *lower* octave, the pupil's chance of placing the tone properly is greater than if he thinks of it as a *higher* note.



In the sixth measure of Ex. IV the A must have the "lip support" before spoken of, but, as explained before, think of the *change* of position rather than the pressure: then the tone will be free and round, not dry and pinched. Be sure and play the lower notes in their proper position, both as to pitch and quality. In the last measure but one, do not regard the B as being a great distance from G; the lip position of G will play B, or the change is so slight that it will take care of itself, but, if you imagine B as a high space from G. the tone will be pinched and hard.



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Key of D Major

3^d Lesson

In Ex. I. take great care of the 5^{th} note, C_{*}^{t} . It is one of the most difficult things for a beginner, (or to an advanced player who has not studied properly) to place this note in its proper position, both in pitch and quality. In order to have the octave note above nearly in tune, the hole for this note (which must also act as a vent-hole for D and some upper notes), is usually placed as near to the head-joint as possible, making the middle C_{*}^{t} too high in pitch, so that we have not only to play the proper quality of tone, but must, at the same time regulate the pitch with the lips. The note must be steady and firm, and this can only be mastered by practice. If the C_{*}^{t} is not as it should be in this Ex., play C_{*}^{t} , then without changing the embouchure in the slightest degree, play the C_{*}^{t} and keep it in exactly the same place as the C_{*}^{t} ; then play this passage a few times over, where t_{*}^{t} and the uncertainty of the C_{*}^{t} will be done away with.



In Ex. I, keep all the notes of the first two measures in the lower octave quality and in all through this, and other exercises, place C and C and even D in the lower octave tone quality. This care of the tone may seem tiresome at first but it must be practiced until it becomes a habit, and will then take care of itself.

If the breath cannot be held until the ?, it may be taken at the sign (?).



In Ex. III do not imagine a great step exists from F# to B, 5th measure. If the B is properly placed by the lips there is practically no change for the next two notes; the slight difference of position will regulate itself, but be sure to come down to the lower octave quality for the middle C# in the 7th measure.



In Ex. IV. take care that the notes that are in the lower octave are played with their true tone quality. If this is kept in mind the upper notes will not be played with a pinched, hard tone, as the lower tones will serve after the manner of regulators of the lip position.



The sign ill means *repeat*. The repeat is either from the beginning of the piece or to where the same sign may occur on the reverse side of the double bar thus:





In Ex. II. take especial care of E in the fourth measure. On many flutes this is not a good note, but with practice it can be made to sound almost as good as the best. Be careful that it is free in tone. On ninety per cent of Flutes, if the *quality* of the note is good, it will be as near the right *pitch* as it is possible to place it, but if it is *thin* and *hard* in quality, it is sure to be too *sharp*. The interval from B to E is slight, so do not jump far for the higher note. In the thirteenth measure the low $C_{\#}^{\#}$ must be as full and clear as the G. four notes above it. If this note does not come out well, play from the G thus $\underline{\#}^{\#}$ and take each note out of the other, and with the "pull" on the lips properly regulated, the desired tone quality will soon be attained.



 $\mathbf{25}$

In the last measure of Ex. IV, see that the high notes are kept *free;* do not "tighten" the lips too much, The notes above do not require, comparatively speaking, as much pressure or tension as the five notes below; for example: there is really more change of embouchfor do not require, comparatively speaking, as much pressure or tension as the five notes below; for example: there is really more change of embouchfor do not require, comparatively speaking, as much presthan do not require, comparatively speaking, as much pression is necessary, but up to the upper A all the tones must feel free, flexible and *round;* not hard, stiff or thin in quality or volume.

When a note is changed from the signature of the key of the piece by the action of a sharp, flat or natural placed before it, this sign is called an *accidental*; (see the natural before the G_{ij} this changes the notes of the same pitch in any octave, above or below, during the rest of that measure and although it is usual to use the accidental again for the same notes in other octaves it is not compulsory. It is also usual, though again not compulsory to place before the note that has been changed, the sharp, flat or natural that will restore it to its place in the key of the signature, when it occurs again even after two or three bars; this is only a reminder to the player however. The rule to be observed is, the accidental holds good only for the rest of the measure; after that, the note belongs to its original place in the key of the signature.



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Simple Examples of the slur or tie.

5th Lesson

When notes have a *slur* or a *tie* over them, as in the following exercises, the first note only is attacked or tongued, and the others are carried over in the breath, uninteruptedly, as far as the slur extends, which may be two or three notes, or it may be several measures.

Sometimes the notes following a slur are marked with dots over them. These dots are the sign of the "staccato" meaning usually that these notes are to be played shorter than those without the dots over them; but when used after a slur it does not always mean that they are to be played short, but are placed there merely to remind the player that the slur is finished. It is not really neccessary to put the dots over the notes after the slur, as when the slur ceases the notes will be tongued; but as I before stated, it serves to remind the player. If the

movement is a slow, smooth character like this;

Be careful in these exercises that in passages like the third bar the upper note is not "pushed" with the breath; let the lips do the work, the breath flowing smoothly. Let this be thoroughly understood; there is, of course, more wind used in playing the higher notes, that is to say it comes out with greater velocity, but the lips, however, regulate this by their change of position, whereas, if the attention is given to the breath, the ascending notes will be louder and usually

rough; so, bear in mind, if the upper notes in places like these **the set of the set of**



D. C. is the abbreviation of *Da Capo*, and means go back to the first; literally back to the head. After going back to the first, play as far as the first double bar, or to where this sign is 1, called *fine*. If the D. C. occurs before the end of a piece, then after going back, as stated, and playing to the *fine*, return to the part following the D. C. sign.



When two successive notes of the same pitch are tied together by the slur they are played as one note, the second note not being "attacked" by the tongue.



6th Lesson

Duetts

In the following duetts the scholar and teacher should alternate in playing the two parts; the scholar should first play the upper until proficient, afterwards changing to the lower part. By this time the scholar should have formed an idea of the pitch and how to control it by the lips, he will not be thoroughly successful, but if he try his best he will come very near the mark. In the sixth measure endeaver to place the E in tune, at the same time keeping its quality. The tempo (time or speed) of each duett is Moderato, medium, neither fast nor slow; Allegretto.

rather quick but not so quick as Allegro. March tempo in duett 4, is four beats in a bar, about the speed a soldier would march. Be careful that the march is in good rythm, not unsteady or jerky, and it must be kept steady all through.















2050-17

























2050-17

Simple Exercises in Single Tongueing

7th Lesson

The scholar is already proficient in the mode of attack in simple forms of single tongueing, but the following exercises go a little further, and take in a larger compass of notes. In tongueing, always be careful not to use too much breath, or the sound will be made rough and coarse. Let the syllable "te" be used simply, no exaggeration made in any way, a plain "te," as described before the first lesson.

In Ex. II will be found signs called "abreviations." These are used to save time and space in printing or writing, and are numerous. They will be explained later. The abreviation in this Ex. means that there must be four sixteenths (or semiquavers) played on each quarter (or crotchet) When a single mark goes through the stroke of the note it means two eighths (or quavers) to each quarter. (or crotchet); or three lines, eight thirty-seconds (or demi-semi-quavers) etc., The lines make the quantity of notes the same as if written out with those lines on the strokes, thus:



While sometimes in addition to the lines of the abreviation dots will be placed over the note giving the number of times it must be tongued, or attacked \vec{f} , this however is not obligatory, nor under any rule.

In Ex. II. be careful in bars two and four; on the higher notes do not hold the lips too tight, or the breath will have too force itself through, and this makes a hard dry sound; at the same time if the lips are held too slack the tone will be "breathy;" it is the medium of these two which must be used. In all tongueing the lips are held just the slightest touch firmer than in slurring.



2050-17

The lower notes are not as easy to tongue as the medium and higher notes, but they are much easier when the tongue is used as instructed in this method, then when it is pointed between the teeth or the lips.

In tongueing these lower notes there must be more "pull" on the lips than when playing legato. Do not try to "soften" the lower notes or to "nurse" them in any way. If the lips are held properly, and the tongue well placed, the attack will always be good; do not force the tone or it soon becomes coarse and rough.



Ex. IV. Covers a moderate compass on the flute; let the lips do their work in an easy, flexible manner. Be careful that the fingers and tongue move together. Practice slowly, gradually increasing the speed.



Key of F Major

34 8th Lesson

When playing in the flat keys, use the double thumb key for the Bb. Of course, for any Bb or Cb; also for any high F# or Gb the thumb must be placed on only one key, viz., the Bb lever; while at first, the changing may seem difficult, it is however soon overcome, and the necessary change becomes easy by habit. I am aware that this is contrary to the traditions, and to most methods, but after more than twenty years of practical experience I have found it good. I have tried both, and cannot understand why one should make cross-fingering when an easier fingering will answer the same purpose. When this sign ③ is placed under the notes place the thumb on the two keys and keep it so, whenever the thumb key is to be closed, until the sign ③ (usually after a C or other note where the thumb key is open,) then keep the thumb on the single key until the ③ comes again. I have used the traditional Bb fingering in the table at the beginning, but advise the thumb Bb as above stated.



In Ex. III, let me say again; do not make the distances too great as regards the change in the position of the lips. In breathing, we do not always take a breath because we need it, but sometimes to make the phrasing more effective, as at the close of each of the first four measures, the taking of the breath gives the requisite separation and makes it sound more effective. We sometimes take a breath immediately following another breath, because the first opportunity was too short to take in enough air to last, as in the last measure but one of Ex. IV.



2030 - 17



Ex. V. should be played simply and smoothly, breathing at the places marked: and, if the tone quality has improved, as may be expected by this time, you will be able to play with much of the "singing quality," spoken of at the beginning of the book, which will be a source of pleasure both to yourself and the listener.



Key of Bb Major.

9th Lesson.

The scholar should now try not only to play his tones in even firm quality but also to obtain the "singing" quality before spoken of, which possesses a certain mellowness that comes to a large extent, from the flexibility of the lips.

This must be well understood that flexibility does not mean "slackness," but a certain ease in the position of the lips, which enables us to play from low to high tones, and vice-versa, without any strain or stiffness but with a feeling of "naturalness" as though one were singing, instead of blowing in an instrument,

Of course this is speaking generally; there are certain intervals in Flute music that will always be difficult, in fact some composers for the Flute write passages that are practically impossible. Such passages are, however unnatural to the instrument so that the remarks in the previous paragraph may be said to apply only to properly written Flute music.

After studying Ex. I slowly and carefully, try and apply the tone obtained in this, to all the other exercises.



In Ex. II, eleventh measure, the little finger of the right hand must be on the D# key while playing the low E \ddagger , and in playing the low C the finger must not be raised from the D#, but must *slide* on to the two lower keys without interrupting the continuity of the passage.

If the finger is lifted from one key to the others another note may sound between the E and C. This remark applies also to the last group in the second measure of Ex. III. In Ex. III, be careful to keep the lips as flexible as possible in order to get each tone, when ascending and descending, in its proper position, both in *quality* and *pitch*; this is not easy, so do not expect to play these exercises perfectly at the first attempt.

At the eighth bar of Ex. III is the word "*rall*," an abreviation of "*rallentando*." This means to be gradually slower; then, after, occurs the sign a tempo, meaning to go back to the regular strict time again.




The distance between breathing places is gradually becoming larger, as we must train the breathing organs in the same manner as the fingers and the lips. If the spaces are too far apart, breathe also at the signs in parenthesis, but if possible breathe only at the places marked.



38 10th LESSON. Key of Eb Major.

In this lesson there is nothing to add to the previous remarks, except that in Ex. IV, be careful not to put undue stress on the short notes following the dotted notes, making it sound as though the short notes were specially accented. The fullest sound should be on the dotted notes and a little less on the short notes; this is explained later under "style, expression, etc.," and the first remark about these notes is only intended to prevent the scholar forming a bad habit which later would be hard to eradicate.



11th LESSON. Exercises on Single Tongueing.

Practice Ex. I slowly at first, in order to get the tone properly placed. This means, the lips must be held correctly. There may be a tendency to allow the tongue to strike between the teeth or the lips, therefore special care must be taken until the correct placing of the tongue becomes habitual. As before explained, in relation to the high notes when tongued, there must be a little more firmness than when playing legato; the lips, however, must not be too tight, or a hard dry tone will be the result.

Ex. II is difficult. Let the lips be properly placed for each note so that the position of the lips makes the note, instead of the wind force. Do not put undue force on to the upper notes making them sound explosively. See that the lower notes have their proper quality.

After Ex. III are the letters D.S. This is the abbreviation of *Dal Segno*, meaning to go to the sign % which is near the beginning. Sometimes the sign is placed after the first few notes, or after one, two, three or any number of measures. D.C. % has the same meaning.

In Ex. IV be careful in ascending that the high notes are not tightened and hard; in fact, we may say here that on the Boehm system Flute all the notes up to A or B^{\flat} in the higher register should be easy, free and flexible, and should be played without force or strain. The notes after these, on many Flutes, require more or less tension and force, although on some in-struments, even the high C is easy to obtain. The Flute should not be played above A or B^{\flat} , as the higher notes are liable to be hard in tone. Some modern composers, however write even up to D and E^{\flat} so we must perforce study them and be able to play them when required. The position of the lips in cuts 3 and 5 (positions of the lips) are approximately the positions of the upper A or B^{\flat} .



12th LESSON. Exercises for acquiring flexibility of the lips and correct intonation.

The exercises in this lesson must be carfully studied. The proper tone quality must be given to each note, and the pitch must be correct; therefore, mere mechanical repetition will be waste of time; the ear must be alert all the time.

In Ex. I, the G must have the same sound each time and the upper notes must be carefully placed.

In Ex. II, remember that the C belongs in quality to the lower octave, as I strove to impress on the student at the first.



In Ex. III, there is the "pull" on the lips necessary to place the lower notes properly in quality, etc.; at the same time, do not go too high, in position of the lips for the upper notes, the lips must do the work, not the breath. The "ritard" above the last measure is the abbreviation of ritardando, having the same meaning as rallentando.

The remarks about Ex. III apply also to Ex. IV; be very careful in maintaining the pitch of C[‡] and D as they are liable to be flat.

In all the exercises of this lesson, the notes must be slurred properly, smoothly and continuous. There must be no break between the notes, but must be well joined together.



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13th LESSON. Key of A Minor.

In these exercises, as in the others, be careful in placing the low notes that occur after the high ones and the reverse. Also do not play the upper notes roughly, or with undue force.

In Ex.III, in the second and fourth bars, do not push out the upper notes with the breath, but in the second bar particularly, the lips must work very nicely in order to place E properly after A, at the same time making a smooth legato.

Andantino (Ex. V) is said in some dictionaries to be slower than Andante; in others as quicker than Andante. I think the former is correct. These terms, however, are more or less elastic, and cannot be interpreted in an arbitrary manner excepting when the metronome mark is given with them; this being a note and the "equal" mark with a number thus: d = 98 etc. As the strict metronome tempo is not of great importance in the present exercises, we shall not give it. In this particular exercise, count nine beats to a measure.



⁴² 14th LESSON. Key of E Minor.

At the beginning of Ex. III is "a la Mazurka," meaning in the style of a Mazurka. A Mazurka is a light graceful dance and the music must, therefore, be played gracefully; this effect can be secured by making a very slight interval between the dotted and the short note, thus taking away the heaviness. This must be done carefully or it will sound short and jerky. In the fourth bar from the last of this same exercise, the lip must have a "pull" to get the lower C with good tone.

In Ex. V, the Moderato Maestoso means a moderate time, neither quick nor slow, and played boldly. This boldness is expressed by attacking the longer notes with a little more decision or, stress than the others. These notes are the first G, the two Es second bar, in fact all the eighths (or quavers) and quarters (or crotchets).

The eighths (or quavers) are not sustained one to the other, but are played rather short, with a very slight interval between.



15th LESSON. Key of B Minor.

In Ex. I (for tone), play the legato carefully, especially the connection of fifth and sixth bars. The upper $F \ddagger$ is usually a weak note on the Flute, and is particularly difficult to connect well with other notes, but, with the mastery of the technic of the lips, it is made fairly sure. Take care that the quality is good and the pitch correct.

In order to become familiar with the position of the F_{μ}^{\sharp} , I have used it frequently in these exercises both with B and the octave F_{μ}^{\sharp} as preceding notes. Take especial care with this particular note and its difficulty will soon disappear.

In Ex.V. there is a "1st time" and "2nd time"; this means that the first time through, the "1st time" bars are played; on repeating, the first time bars are omitted and the 2nd time bars substituted.



44 16th LESSON. Key of F# Minor.

The previous remarks relative to the tone, particularly the F_{μ}^{μ} , apply here also.

In Ex. III, be careful that the quality of tone in the medium and lower notes is preserved when tongued. In the fourth bar from the end, the F_{\pm}^{\pm} follows the preceding C_{\pm}^{\pm} and is easy to place correctly, but see that the tone of F_{\pm}^{\pm} in the third bar from the end, is made the same as the previous one.



17th LESSON. Flexibility and Intonation.

These exercises are more advanced than those given before for the same purpose. Each time be careful to allow the lips to descend for the lower note, and do not go too high for the upper note. If these instructions are carefully followed, the lower notes will be firm and solid, and the upper notes will be free and round, not hard, pinched and rough. Furthermore, if the notes are of good quality, they are more likely to be in tune, excepting a few that are really "artificial" notes.

Ex. III is written particularly for the troublesome E. This is a note that must be free in order to be in tune; if it is at all pinched or stiff, it is bound to be badly out of tune.

Remember, lip flexibility is not acquired in a few minutes, or a few hours; it can only be mastered with practice and patience, but the result is well worth the labor.



46 18th LESSON. Key of D Minor.

I have already said that the notes up to upper A, and even to Bb, should be free and facile, provided the Flute is properly made. In Ex. I, do not pinch the Bb, until there is no real tone in it; think of the *position* of the lips, not the *tension*. This note has a tendency to flatten, but if the lower lip is held sufficiently flexible the pitch can be regulated without pinching all the tone quality out of the note.

In Ex. II in the scale passages of the fifth and sixth and succeeding measure, do not pinch the upper notes. The pupil must also learn that when the upper notes are pinched and hard, it is not always that particular note he is pinching, but because he has commenced the notes *before* this too high in "lip" position. In the measures referred to above, if you find you are too high when you arrive at A or Bb, try again and see that you are playing "free" at the D, E and F below these notes. If the lips are held too tight at the high notes it becomes very difficult to descend into the lower register at the 7th measure. In the third measure, second strain, the Bb following the Bb must be fingered with the first finger of the right hand.

In Ex. IV, we have a change of key, the signature of which is two *sharps*. The *natural* changes the *flat* note in the previous signature back to its first or natural position in the staff. Whenever a *flat* or *sharp* of the previous signature is left out, a *natural* is substituted to contradict the previous signature and restore the note as aforesaid.



19th LESSON. Key of G Minor.

In Ex. I, some of the combinations are very difficult and must be studied slowly and carefully, listening well for both quality and pitch.

In Ex. III, be very careful not to put any extra stress on the short note, especially in passages like the fourth measure. It is difficult to restrain from pushing these notes with the breath, but care must be taken to avoid this, as it is very bad style, and no good player will do it.

In the fourth measure of Ex. IV, the finger must slide from the $D\sharp$ key to the two C keys without lifting the finger, or a note will be made between the $E\flat$ and C.



1775 2

20th Lesson

There are no new remarks to be made about this lesson. Take care of the tone quality, etc., and remember that in all technic; it is not *speed*, but evenness that is of the greatest importance. If the evenness is acquired, the speed is easy to acquire; but to gain speed at the expense of evenness and equality, is a waste of time.

In Ex. I, at the seventh measure, when the $B\natural$ appears, while playing the previous note; without disturbing it, slide the thumb on to the single key; the same remark applies to the seventh measure in Ex. II. It is understood that any $B\flat$ occuring while the sign ① is in effect, must be fingered with the first finger R. H.



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Auxiliary Fingerings For Rapid Execution

The Bb fingering given here is not only reckoned as an auxiliary fingering, but as the staple Bb, (see note at 8^{th} lesson.) The F# of each octave to be used when preceeded or followed by E, and in the other passages which will be named in the exercises as they come. The G# or Ab to be used in rapid scale passages, etc.





21st Lesson

In the following exercises, care must be taken that the difficulties in the articulation (the different slurring and tongueing) and fingerings do not make the pupil neglect the tone, quality, pitch, etc. Practice each exercise slowly at first, then increase the speed. It is easier in playing legato to detect the uneveness of any part of the fingering. In Ex. I, the last group of the first measure and the first group of the next are not very easy to play smoothly. Such passages as these must be studied assidiously in order to play them easily. This also applies to the second measure in Ex. II.





In this Ex. IV, be careful not to hurry, particularly in the third measure, and, as advised in the remarks about Ex. I, practice these passages many times until they become easy, and be careful not to tighten the lips on the higher notes.



The pupil should by this time have acquired enough technique to play with some rapidity, and in order to render certain passages with facility, may now use some of the auxiliary fingerings, (in rapid passages only.) For the second and third F# in 1st measure, use the middle F# key, right hand, also for the two upper F#s last group, second measure, etc. This fingering is shown on page49 under the title of "Auxiliary Fingerings." This fingering to be used in rapid passages when preceded or followed by E in all three octaves.



* See remarks on Ex. 1 20th Lesson. 1866-2

22d Lesson

For every upper G# in Ex. VI, use the auxiliary fingering.

In Ex. VII, the regular F# fingering must be used for all arpeggios; (one exception will be given later.) As stated in the last lesson, the place to use the auxiliary F# is before or after E. Arpeggios are passages formed of the cosecutive notes of a chord, and may be major or minor, or in any form thus:



In Ex. VIII in the third measure, although in the second and third group, the F#s are either preceded or followed by E, the regular F# would be just as easy on account of the D#, you must therefore, use the regular fingering for such a passage.

In Ex. IX, use the auxiliary upper G# fingering.



Duetts

52

23rd Lesson

In these Duets, the changes of the B^{\flat} and B^{\flat} thumb keys are so simple, I have left out the sign for the change in order to accustom the scholar in making it without signs. In duetts, as before, let the pupil change parts when proficient in one.

In playing the ninth measure of Duett I legato, be careful not to allow a space or skip to occur between the notes, but let them all be smoothly slurred, and in the seventeenth measure, listen well and do not allow a note to between the low C and E^{\flat} .

In order to see if the scholar has learned anything about the management of the breath, I have left out the breathing signs, the breathing places however are so apparent that they will be discovered without any trouble.











2^d Duet

















Articulation

24th Lesson

54

There is nothing to say in regard to the following lesson that has not been already said, but I should like to impress upon the student once more the importance of regularity and eveness of technic. Do not play one measure quickly because it is easy, then slacken the time when it is difficult. All these exercises must be played as evenly as a running clock. In places like the first group in the third measure, let the little finger leave the C key and fall naturally on the D key for the E; do not slide it off for the A following.



Articulation

25th Lesson

In Ex. I and II, be careful not to put any extra stress on the fourth note of each group as this would be considered very bad style. In the fourth measure (first group), the intervals E to A and return are difficult to play with certainty. It is, however, much easier on the open $G_{\#}^{\#}$ Flute. On this Flute in playing each E, close the $G_{\#}^{\#}$ key and it will never "break" at this passage. In the fourth measure of Ex. II (first group), the regular fingering for the upper $G_{\#}^{\#}$ will produce this note and the next with more certainty than the auxiliary fingering.





Articulation

26th Lesson

In these exercises, we have what may be termed *cross articulation*, that is, across the beat; The pupil is very apt to hurry exercises of this nature, so take particular care to keep the tempo steady, and study until the articulation and fingers work simultaneously.

For Ex. III and IV, read the remarks preceding lesson. 25





Key of E Major

In Ex. IV, note carefully the different articulation and he careful to keep the time steady and avoid the placing of extra stress on the last note of some of the groups. In the twelfth measure, be careful not to force out the upper notes with the breath; let the lip do the work.



27th Lesson





1868-5

 $\mathbf{58}$

Key of B Major

28th Lesson

In Ex. III, third measure, use the B auxiliary fingering but keep the regular fingering for A#; use also the upper G# auxiliary fingering each time.



Use the regular fingering for the upper Ab in the first three Exercises. In the twelfth measure Ex. III, do not apply the tension on the lips before arriving at the high C. While there must be a certain a - mount of tension on the C, it should come out moderately free and round, and not harshly.





30th Lesson

Key of Db Major

In the key of Db, it at first seems confusing to use the double thumb key for the Bb, as the thumb must be on the *single* key *only* every time the upper Gb occurs; but, after a while, one becomes accustomed to allowing the thumb to change to the single key after the C or Db when ascending.

The arpeggio passages in Ex. III are written especially for the practice of the lips, and to preserve the tone both in ascending and descending. See that the high notes are round and free.

In the fifth measure from the end of Ex. IV, the Bb at the beginning of the second group is played with the first finger of the R. H., the thumb sliding at the same time to the single thumb key for the Bb.





31st Lesson

Grace Notes

Grace notes are ornaments used in embellishing melodies or themes in music. There are several kinds, but we will take first the single grace note, sometimes called Appogiatura, though when this term is applied to the short grace note as used in modern music, it is not exactly correct, but should be called Acciaccatura; still, as the first term is generally used, we will follow the fashion, and call the modern grace note the short Appogiatura.

There is no strict rule to be followed in applying these ornaments except in a general way. The Appogiatura, however, in the old style music, up to Bach, Handel, Haydn, Mozart etc., is usually played in time, as written, and takes value from the note following it thus:



In the music of the old masters, the small note was very often not, strictly speaking, a grace note, but was written so because, had it been written as a principal note, it would have been contrary to the rules of harmony, so the composer, therefore, wrote the note as a grace note, thus, technically, advoiding breaking the rules.

The modern grace note is usually played so that it is not in time, and varies but little in slow or quick tempos.

Some authorities say that it shall be played on the beat, but the accent to be on the principal note.



This, in my opinion, is somewhat misleading, because if the accent should be on the *principal* note, and yet the principal note, is *not* on the beat, the passage is, in fact, a syncopated one.

I think it is more correct to say the passage should be played: 4

must be understood that the grace note, while taking from the value of the preceding note, in no way

belongs to it, and probably would be better expressed if played thus:

the principal note is to be played on the beat, and the grace note just before it.

There are passages in modern music, when the grace note is to be played on the beat, and with the accent; this usually occurs in Gypsy music, particularly Hungarian, and sometimes in Scandinavian music. This must be left to the players discretion, if a soloist, and to the conductor's judgment in the orchestra.

The modern grace note while written in all styles should be played the same,

The grace notes may be with or without the slur (observe 3rd example above) but they must always be slurred, or tied, to the next note, unless, as sometimes occurs in Hungarian music, the

note is the same as the principal note, thus the same as the principal note, the principal

otherwise they would sound as one note.



* The grace note here should be played with the trill key. 1869-8



Of course it is understood that the absolute tempo of the grace note depends on the tempo of the music; for instance, it might be better understood if Ex. II were written in the explanation,



etc. while if the tempo was "presto" it might even be

the

but as before stated, whatever the tempo may be,

played

grace note, "modern" is brought just *before* the beat, with a slight difference between the slow and the quick tempos.

I think if this is grasped, there can be no misunderstanding on this subject.



Finger the grace note D, in the first of Ex. IV, in the ordinary way. Finger the D, in the third measure with trill key. For the $F_{\#}^{\#}$ in the last measure, use the auxiliary fingering.



* The grace note here should be played with the trill key.



The principal care in playing modern grace notes is *not* to make them sound too prominent. Many players play grace notes as though they were marked with an accent, even when they do not play them on the beat. This gives a "jerky" sound to the passage something like this:



This mistake is usually made in quick tempos. In slow tempo it would be observed by the most obtuse player.

The grace notes in very quick tempos, are not in bad style if played on the beat, giving this effect:



But I think after all, the general rule is best to follow in nearly every case: let the principal note be squarely on the beat. Examples of exceptions to this will be given later in the Exes. on the Gruppetto.





65

For the Eb grace note. 7th measure, use the trill key with the fingering of D.

In the eighth measure of Ex. IX, use the trill key for the D, in fact it may be said to be an invariable rule to use the trill key for the D, when a grace note with C or C^{\sharp} , unless the same note precedes it.



In Ex. XI the grace note must be fingered in the regular way, as when played in the old style it is too slow to need auxiliary fingering.



* For explanation of this time; \mathbf{c} , see the "Rudiments of music" at Page.

66 **32**d Lesson

Key of F# Major

The intervals of thirds in this key, as in Ex. II, are difficult to play smoothly and evenly. This will be overcome, with all other difficulties, only by practice. The F# and A#, however, must be studied until they do not feel "lumpy" under the fingers. In this key, the regular F# is almost always used.

In Ex. V, the "Carnival," the grace note D# with the C# must be played with the trill key. which must be used in all such passages.



33^d Lesson

Key of C# Major

This is a key that is rarely used, composers prefering to write in the key of D_{P}^{b} which sounds the same as C_{P}^{a} .



67

The Trill

68 **34th** Lesson

A trill may be made with either a tone or a half tone above its principal note. The trills in any piece of music keep to the notes of the scale of the key indicated, unless otherwise marked, thus:



If the trill is a long one, sometimes a wavy line is added to the tr. thus: Often in the case of two or more consecutive trills, the tr is only written, and the line added to cover the rest of the trills, thus: measure, the tr. is written, the line for the rest of the measures, thus:

a trill is not played in tempo, the notes must be regular. It is better to have a slow trill, played evenly, than a quick trill that may break in the center or sound uneven and ragged.

The trill usually finishes with an appogiatura which either leads to the next note, or concludes the trill. This is sometimes called a termination, and is generally indicated thus: not always; it might be given thus: $\frac{b}{b}$ when the composer wished the termination to be played. When no termination is indicated, it must be left to the player's judgment as to whether an appogiatura must be added or not. This is a matter that can be brought under no rule, but must be left to the performer's good taste and experience.

These remarks apply to modern music; in playing the music of the old masters, Handel, Bach, Gluck, Haydn, Mozart, etc., it is usual to play no termination unless indicated. Often the notes of the melody actually form their own termination, as in Haydens "With Verdure Clad" thus:



The A forms a termination to the trill or leads to the next note. The termination may be an appogiatura of half a tone or a whole tone, according (in most cases) to the composer's or the player's taste, but usually after the trill of the 3rd or 7th degrees of the scale, the termination should be that of a whole tone more, especially if it is the close of a phrase, thus:

(7th degree)	(3d degree)

It is, however, not wrong, or even in bad taste, to play or write as follows:





As before explained, the notes of a trill are not kept in tempo, and the number of notes played in the above would depend on its speed.



Generally when playing in strict tempo, the termination is played at the same speed as the trill part of it. This, however, is not a fixed rule.

In a ritard measure, or an ad libitum (at will) phrase, the speed for the termination should depend somewhat on the character of the piece, or of that particular part or phrase. A smooth flowing dolce (sweet, soft) or cantabile (in singing style) movement, should be played slowly, and smoothly.

The trill usually commences with the principal note, but some composers, to obtain certain effects, wish the trill to commence with the auxiliary note; when this is desired, it is, or should be, always indicated by a grace note placed before the note, thus:



In the 8th and 16th measures of the Exercise IV the termination has three notes; this is often used at the close of a strain * or phrase, but rarely in the middle of a phrase, as this termination more distinctly indicates its close.

In the fourth measure, second strain, there is no termination, but care must be taken that the trill ends with the principal note and that there may not be the distance of a third between the not thus



same remark applies to the seventh measure of the second part.

As before stated, a trill must be even and regular, and in order to acquire this regularity and facility, each trill should be studied separately in two ways.

First: take any trill and study it as under.



Commence slowly, gradually increase the *starting* tempo, but do not change the tempo at any part of the exercise; the same regular tempo or rhythm must hold throughout. It is most important that this be thoroughly understood. Commence Andante, *next* time Moderato, *then* Allegro, and so on, but never so quickly that the control of the regularity of the fingers is lost.

When this occurs, commence again. Use the trill fingering for this (when it differs from the regular fingering) even when studying it slowly.

Second: when the above example is mastered, practice each trill by commencing slowly and increasing the speed gradually *during* the trill, as nearly as can be expressed or written thus:

but care must be taken that this is not "ragged" or "choppy" in any part of it.

* A strain is a portion of music divided off by a double bar.

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^{*} See remark after Ex. IV in last lesson.

72 36th Lesson

Key of Gb Major

In this key, the Bb must be played with the first finger of R. H. In Ex. III, most of the passages that include the Ab must have the auxiliary fingering for this note.

In Ex. IV, all the lower tones must be equal in volume and quality, to the upper and medium notes.


Trills

37th Lesson

In old style music when trilling a dotted note, followed by a short note, the trill is not maintained the entire length of the dotted note, but a little stop, or space, is made before the short _ and the trill finished on the quarter or crotchet. Fy # + note as though written (OLD STYLE) Andante moderato tr 6 Ex. I 0 D.C. 4 (OLD STYLE) Rigadon Ex.II (OLD STYLE) Andante Ex.III OLD STYLE Allegretto Ex. D._C.

Key of Cb Major

74 38th Lesson

This key is little used, composers preferring B major, but it is a good study for reading as well as for technic and must be studied just as carefully as though in regular use.

Ex. II is an example of syncopated time; study this until it is thoroughly understood.



The Mordent, or the Transient or passing trill 39th Lesson

In old editions of the music of Bach, Rameau, Handel and the older composers, the mordent was written thus: \bigstar with a line through it, and signified that the trill was to be played one tone, or half tone, *below* the principal note, thus:



The sign used in modern music \sim (without the line through) was formally termed the *in*verted mordent, and meant, as now, that the trill note should be a tone or half tone above the principal note, thus: This latter mordent is the one in use in all modern music but we no longer term it the *inverted* mordent.

The mordent with the note below is not used in modern music, but is still played in the compositions of the old masters, (Bach, Handel, Rameau, etc.), although in the modern editions, the line through the sign is left out. The passage where the upper, or where the lower note of the trill must be played, like all other ornaments, can be brought under no rule; but usually if the next note is the same tone, or one degree higher, the mordent should be the tone or half tone below the principal note; thus:

Sarabande, Suite Francaise Played Bach or te

In the old editions in both these instances, the mordents are given with the line through,

In any passage descending like this **control of the second second**

We will now speak of the modern mordent only, as the use of the old style can only be learned by experience and study and does not properly come within the scope of this method, it being a separate study.

The modern mordent, or passing trill, is of one tone or half tone according to the key, in which we are playing. If the note desired by the composer is not in the key of the signature, the accidental must be placed above the sign as with a regular trill.

A mordent, or passing trill, should be only one note, although at times the music would seem to warrent more notes being used. When this is so, it is a mistake on the part of either the composer or printer.

The old style characters are more thorough as they indicate by the sign how many times the mordent is to be-repeated, thus:



In modern printing, the different mordents are only *styles* of printing and should always be only one note,^{*} thus: which, according to the tempo of the piece, may become a triplet, as before stated.



* This rule, like all rules relating to ornaments, is not absolute, but until taste and judgement is formed, it is best for scholars to abide by the rules. 1821-2



Of course, it is understood that the fingering of the trill is to be used for most of the mordents or passing trills.



*) Moderato Assai is very Moderato; slowly, almost to Andante.

**) If the small lever for the first finger of the R.H. operates the A#key on your Flute, use it for this trill.

40th Lesson

Key of C# Minor

Ex. 1, do not neglect any part of the tone exercises. Is is of equal importance as the previous exercises of this work. Remember the remarks about the auxiliary F# fingering (on page) to be used when followed or preceded by E. Therefore, in the first measure of Ex. IV, the regular F# fingering must be used. In the thirteenth measure, the regular G# fingering should be used, the tone being more sure than with the auxiliary, which is liable to "break" in this particular passage.



78 41<u>s</u>t Lesson

Key of G# Minor

In Ex. II, eighth measure, the first note must be played with the regular fingering; and in all such passages, where the upper G_{\parallel}^{\sharp} and A_{\flat}^{\flat} commences, always use the regular fingering, as the auxiliary, which is usually a little sharp, would be noticed too much. The same advice will apply to the first high G_{\parallel}^{\sharp} of Ex. IV, but the second, following the F_{\parallel}^{\sharp} may be played with the auxiliary fingering.



42nd Lesson

The Gruppetto

The term *Grupetto* is loosely applied to two or more grace notes before or after a priniple note. Formally, different names were given to different groups but they are now almost obsolete; for example one written thus:



The name matters little as long as we learn the use of the various forms of these ornaments, so we will follow the general fashion and call each example the "Gruppetto."

As with the grace note, in the olden style music notes coming before the principal note usually take their time from the note following, whether they are formed of two or three notes.

In Haydn's "Creation" in "The Heavens are telling," this passage is played in two ways.

also in the air from the same Oratorio "In Native Worth."

The second form is generally used, and is, I think, most natural.

In modern music, the gruppetto is usually played before the beat, but, as with grace notes, it has exceptions, notably in music of a gypsy character; for example in the Opera of "Carmen," the beginning of the 3rd Act, the gruppetto is played on the beat, as follows:



Also the "Gypsy March" in Weber's Overture "Preciosa" is usually played as under; but in the same overture in the Allegro con fuoco, the same theme occurs, but is at this time played in the usual manner.



Again in Grieg's Solvej's Song (for orchestra in suite Peer Gynt)



The grace notes in the next strain, however, are played in the usual modern way, before the beat.



These exceptions are comparitively few in modern music, and are traditional, so that the rule of playing the gruppetto before the beat may be considered general.



All the gruppetti above, except the 1st one in 9th Bar, are fingered like the trill. It must be understood as with the grace notes in a previous lesson, the speed of the grupetto depends on the tempo of the piece; that is to say, each gruppetto is played as near as possible to the beat without being on the beat, and understood not to belong in any sense to the previous note, but to the note following.

The gruppetti in Ex. II are the opposite to those in Ex. I, as each gruppetti belongs to its *preceeding* note, and it must be felt that it is played as attached to its principal note. The difference between this and the other gruppetto is very slight; by experience, however, the pupilwill feel that there *is* a difference.



No matter whether the grupetti be written in eighth notes or sixteenths they are played the same way except in *cadenzas, ritards,* and *ad libitum* measures, and for certain effects in slow movements, when may be played slower. 1824-3

Sometimes in certain orchestral numbers, particularly if two or more instruments are in unison (i.e. have the same notes to play) the conductor may wish the gruppetto or appogiature played in time on a certain beat, but this is one of the exceptions to the general rule.

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In the next exercise the grace notes are *not*, strictly speaking, grace notes, but an accompaniment to the melody. It can hardly be expected that the student will have acquired sufficient quality of execution to play this exercise as it should be; that is, to make the small notes, called arpeggios, to sound almost like the notes of a harp accompanying a sustained melody. It is given more as an example than an exercise. The principal notes, must be always on the beat.



43^d Lesson

In Ex. III, keep carefully the exact tempo as this rhythm has a tendency to cause the pupil to increase the speed. Do not pinch the high C in this Ex. There is always a certain amount of tension required for the very high notes, but if placed well, they can be played well without roughness. Ex. IV is in a tempo that is not used much, but it needs to be studied just the same, as it is used at times. The rhythm is usually three and two in each measure, so it is best to count it so; one;

two; three; one; two. Sometimes, the bars are divided, thus: $\frac{3}{64}$ $\frac{1}{64}$ $\frac{1$



Key of B^b minor

44th Lesson

The notes in the first measure of Ex. II constitute a *Harmonic* minor scale, but if the G were natural instead of Gb, it would be called the *Melodic* minor scale.

As pointed out on page in a passage like the ninth measure of Ex. III, play the Ab with the regular fingering on account of the prominence of the note.



Nuances or light and shade in tone

45th Lesson

Without shading or gradation of tone, music would soon be very monotonous and tiresome. The various grades of tone are termed *nuances*, and they vary from pp (pianissimo) very soft, to **ff** (fortissimo,) very strong, or loud. Composers often add to this, ppp and **fff**, wishing to impress with emphasis that such passages should be extremely soft or loud.

Between these *nannees* are p-soft, mp-mezzo-piano, (medium softness) or half soft, mf-mezzo-forte, half strong, (or medium strength,) f-forte, strong or loud.

There are also diminuendo (abbreviated dim.) decrease the sound; crescendo, (abbreviated cresc) increase or swell the sound; the same meaning is also indicated by the two signs: \longrightarrow Other marks will be explained later.

The different shades of tone on the Flute are made *partly* by increasing or decreasing the volume of air flowing into the instrument, *not entirely* by this method, however. On most notes if the flow of air alone is changed, the note would alter in pitch and become flatter or sharper; therefore in order to prevent this changing of the pitch of the note, we change the lips, slightly

Examples, f in these two measures the scholar will find that in or-

der to play the second measure in tune with the first, the lips must be pulled by the muscles at the side of the lips, and the lower lip slightly advanced. This was mentioned on page the first part of the book, in the remarks on the production of tone.

In these examples also $\frac{f}{f}$ the lips must be slightly advanced when play-

ing the p measure. The scholar must also retain the same quality of tone when playing pAlthough this is not easy, and will not be acquired quickly, with a little patience and diligence it will soon be overcome.



Be careful that the lips return to the original position for every f note. Do not practice these exercises to excess; for the present be satisfied with a moderate difference in the gradation of tone, also let me say again, keep up the *quality* of the tone in the p notes.



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It is very difficult at commencement, to play the first four measures of the above ex., and keep both pitch and quality correct. It will require the strictest attention of the ear to both matters. The ninth, tenth and eleventh measures are easier than the first four. Be careful in com -

mencing Ex. III, (and in fact all p passages) that the lips are not held stiffly, they must be firm in position, but not hard.



In playing f and p there is, of course, a difference made in the aperture between the lips; it becomes larger or smaller in size, caused by the lips opening or closing; but do not think of pinching the lips to do this, (although there is a little pressing of the lips together;) think of *changing* the position; and by this, hardness of tone, and pinched muffled notes, will be avoided. Some players make the difference of tone by turning the Flute in or out slightly; but I do not advise this at any time. Train the lips to do the work, and you will find it is better than moving the instrument. Remember in your practice of the exercises for the lips, that it is flexibility that stands for strength in flute playing, and when this is properly acquired, by command over the proper muscles, it will take a tremendous amount of playing to tire the lips, or hurt them in the least degree.

Key of $E \flat$ Minor and $D \ddagger$ Minor

46th Lesson

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In this key, the thumb stays on the single key and all the B i s are made with the first finger R. H.

The mordent of upper Cb and Db is made with the regular fingering, unless it should be considered advantageous to use the trill fingering.

Passages like the arpeggio in the second measure Ex.III must be practiced until they can be played evenly and smoothly.

In the last measure of Ex. IV the word *ritardando* is hyphenated and spread out; this is also done with other words, thus:



The Turn

47th Lesson

A turn ∞ is an ornament in music that is frequently used, and is more capable of being explained by rules than most of the other ornaments and graces. The turn is influenced by the tempo and character of the movement it is in.

The turn occuring *between* notes usually consists of a *full tone* above the principal note, the *same* note as the principal, a *half* tone below and the *principal* note again; except on the $3\underline{d}$ and $7\underline{th}$ degrees of the scale, when it is usually a *half* tone above the principal note, the principal note, a *full tone* below, and the principal note again.

Written played	written played.	written played	7th degree played	written played	3d degree
	e en eres				

It is more common when the lowest note of the turn is *not* to be one of the notes of the signature scale of the music, to put an accidental under the turn thus:

The turn above is between even notes of the same duration, but when the turn follows an *irregular dotted* note^{*} the *last* note of the turn is played the same length as the *next* short note, thus:

played written played written

When a turn is placed between two notes of the same pitch it consists of only three notes played thus:

As with the gruppetto, the turn may be composed of eighths, (or quavers) sixteenths, (or semiquavers) etc.

A turn placed on or under a note consists of three notes; a tone above the same note as the principal, and a note which is usually a half tone. This turn is usually composed of the notes of the signature scale unless otherwise indicated.



N.B. Sometimes in modern music the regular turn is printed as above, but the player's musical sense will tell him which turn to play.

The same rule in the matter of the third degree and 7^{th} degree of the scale applies in both turns. This turn is sometimes, written thus: especially in old music.

All the preceding remarks apply to the turns in the major keys. In the minor key the turn on the second degree of the scale and usually on the sixth degree, would follow the rule of the * An *irregular* dotted note is, like the above, a dotted quarter (or crotchet) or dotted eighth (or quaver) in common or $\frac{2}{4}$ time, etc. A *regular* dotted **note acts** would be the dotted half note; or minim, in $\frac{3}{4}$ time, or the dotted quarter; or crotchet, in $\frac{6}{8}$, etc. 1828-4

played: could be played thus: 88 3^{rd} and 7^{th} degree of the major scale thus: 6 b b C. In music of the old style of music printing the *inverted* turn is used, written do when the turn played commences with the note below the principal also When these turns are desired by the composer in the modern music, and also in the modern editions of the old composers, they are often written out. One exception to this rule, is in Wagners overture to "Rienzi," in which the turn is printed in the usual manner. It is however, universally played played as an inverted turn thus:

In Wagner music, with the exception just quoted, the regular rule in regard to the notes is followed, the turns in Wagner, however, are always played in tempo not as brilliantly as possible, as is the usual turn.

The turn in the March and Chorus from Tannhauser is played as follows



In playing turns, the auxiliary fingering is often used in order to render them smoothly. In the second turn of the first measure, use the C# fingering given with the termination of the trill of D and E4. In the fifth measure, use the trill key for the D in the first turn. In the second turn, use the C# fingering of the termination given with the trill.

In Ex. II, the second turn, in playing the E#, do not raise the F# finger, but keep it down. In the seventh measure, raise the thumb for the G as in a trill; the remark of the previous sentence about E# applies here also.

The turns must be studied until they can be played so that every note is even and distinct, no matter at what the speed they are played.





The turns, in the next Ex. marked with a X underneath have the higher note fingered like the same note in the trill; in fact, generally speaking, when played at a quick tempo, the turn is usually fingered like a trill and its termination. There are one or two exceptions, however the most of which are the following turns



though the second, third and fourth may be fingered like the trill and termination if the speed is great, but the first one, never.



At the regular allegretto tempo of Ex. V the turns would have to be played at equal speed with the principal notes except those after the dotted quarters (or crotchets)



* Trill key for the D.

* Note that the dotted note here comprises the half bar, therefore it is not an irregular note, and the turn here does not follow the rule of the dotted notes in common time, $\frac{2}{4}$ etc., etc.

As explained previously, it is not considered imperative that the accidental should be placed under the turn, when the lowest note of the turn is not in the signature; nevertheless, it is usually done; but, in order that the student may be able to make the turn correctly without this indication, it is purposely omitted, in the previous example. Note also that while the 3^{rd} and 7^{th} degrees of the scale usually have a *full* tone for the lowest note of the turn, it *can* be a half tone also, therefore, while the usual turn has a half tone for the lowest and a full tone for the highest and vice versa, a turn may have a half-tone the highest and half-tone the lowest; it must, however, *never* have a tone for the highest and a tone for the lowest, unless for certain peculiar harmonic effects, and then it cannot be considered a turn, but should be written out in small notes.



*This turn is only found in old editions. In modern editions the notes are invariably printed, us in the <u>example</u> above.

Grace notes, trills, turns etc.

48th Lesson



* The trills in quick passages such as these need no termination, because, although executed like the regular trill, they are really mordents, or passing trills.

Key of Ab Minor

49th Lesson

In the first and second bar of Ex.II, for the B^{\flat} , use the smaller lever (if it is on your flute), with the first finger R. H. If this key does not raise the A# on your Flute, I would advise you to have it made so, as when it works only the B\$ key, it is used only for a trill, which with practice, the thumb can execute just as well. The small lever for the A# or B^{\flat} is useful in many other passages.

In Ex. V is a pause, or a hold, over the E^{\flat} , $14^{t\underline{h}}$ measure. When a pause is indicated, it is held as long as the player wishes; or, in the orchestra, until the conductor's signal.



Different styles of single tongueing

50th Lesson

The Portamento or Mezzo staccato, written with both dots and slur thus \ldots is very effective when properly done. There must not be a seperation between the notes as in the ordinary staccato, but each note sustained into the other as it were,. Some teachers tell the scholar to use the syllable da or de, for this form of tongueing, in prefference to ta or te, and the effect is about the same as if a heavier syllable were used, but the te answers the same purpose if each note is as the name signifies, "carried over."



Another sign is sometimes used to indicate portamento, It means even a more pronounced portamento than the above; this is ____ The sign placed over a note (without the slur), means "tenuto;" to be held the full time of the note; and sometimes, particulary in a solo, this tenuto is held even *longer* than the time of the note. The sign with the slur as above shown, means a "heavy" or "dragging" portamento.



In 'practicing the above ex., see that the upper notes are not over blown or they will sound harsh and screamy; also that the lips must be firm enough to prevent the breath escaping from the sides of the embouchure; they must, nevertheless, not be so tight as to compel'the breath to *force* its way through, or it will make the tones sound hard.



In the above ex. see that the rythm of the dotted and short note, in their proper propositions, is kept up throughout, especially in the high notes.

This ex. would usually be played lightly, almost as if it were written with just a slight space between the dotted and short note, therefore study it in two ways: first with the dotted note held its full value, then lightly as here explained.

In the two Sonatas following, the word *espress* occurs. This is an abbreviation of *espressivo* meaning, to play with expression. It is early for the pupil to commence the study of expression, but in these particular places in the sonatas, it occurs in its simplest form, and a little study on it will not be out of place.

The law in simple expression is, when ascending to make a crescendo; when descending, a diminuendo. Both these rules must be relative; if the sign p, occurs before the espress, the crescendo must be very slight. The first *espress* in the first sonato occurs at the change of key and the crescendo here, would continue to the B, second bar; then diminuendo to the A; then a cres. to the next high G and *dim*. down the scale. The *espress* in the *Adagio* should be played as herewith marked.



First Sonate

































































Second Sonate















































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MUSICAL TERMS.

THE FOLLOWING ARE VERY IMPORTANT TO LEARN BY HEART.

	—		•••••		•
TERM.	SIGNIFICATION.	ABBREVIATION.	TERM.] SIGNIFICATION.	ABBREVIATION
ccelerando	With gradually increasing velocity	}	Obligato	Indispensable.	
, coolor and off the training	of movement.	Accel.	Piacere		Ì
dagio	Very slow.	Ado.	Piano		ρ
d libitum	At will, pleasure or discretion.	Ad lib.	Pianissimo		pp
Affetuoso.		Afto.	Piu		
	With agitation, anxiously. Quick, lively.	Agto. Allo.	Poco	By degrees, gradually.	
Allegretto	Not so quick as Allegro.	Alltto.	Presto	Quick.	
Andante	A slow movement.	Andte.	Prestissimo		Ì
Indantino	Somewhat slower than Andante.	Andno.	Primo	First.	
	With animation and spirit.	A	Quassi	In the style of. Slower and softer by degrees.	Rall.
Appoggiato	Dwelt or leaned upon.	App <u>o.</u>	Rallentando Ritard	Ritardation of time.	Rit.
Ariosa	In the style of a song.		Recitative	Musical declamation.	
Issai	Very, extremely.		Rinforzando	Suddenly increasing in power.	
1 tempo	In the original time.	A tem.	Segno)	Sign.	S.
A tempo guisto	In strict and exact time. Well.		Sempre	Always, throughout. Simple.	1
4en	To be played twice.		Semplice	Dying away by degrees.	Smorz.
io or Brillante	Gay, brilliant, sparkling.		Spirito	With spirit, lively.	
	A fanciful extemporaneous embel-		Sostenuto	Sustained.	Sost ^o :
36	lishment.		Solo.	For single instrument or voice.	
Siladence	Closing strain. Softer and closur		Staccato	Short, detached, distinct. Quickly.	
Jantabile	Graceful, pleasing.		Stringendo	Accelerating the degree of movement.	
apo	Head or beginning.	C.	Sotto	Subdued.	
	A second or added ending.		Tacet	Silent.	
Con	With.		Tardo	Slow. Time.	
	Easily, unrestrainedly. Gradually increasing the sound.	Cres.	Tempo	Too much.	1
	By, for, from.	D.	Tutti	Full band or chorus.	
Capo	From the beginning.	D. C.	Tenuto	Sustained full notes.	
Celicato	Delicately.	D'	Thema or Tema		
Criminaendo Dal Segno	Gradually diminishing the sound.	Dim. D. S.	Vivace Vivo	Lively.	
	In the style of declamation.	D. 5.	Volto subito		
Decrescendo	Gradually decreasing the sound.				
Diplce	Soft, sweet, delicate.	Dol.			
Delante or Doloroso	Mournful, patnetic. For two instruments or voices.		TERMS WITH AI	DDITION OF OTHER WORDS.	
Deegante	With elegance.		Andante ma non		
Deergico	With energy.			Slow, but not too slow.	
Depressivo	With expression.	Express.	Andante cantabile	Slow, but in singing style. Slow, but with emotion.	
Dure, Fin or Finale	The end of movement. Loud.	Fine.	Andante maestoso .	Slow, majestic.	
Eprtissimo.		f. ff.	Andante grave	Slow, solemn.	
Esrzando.,	Sudden increase of power.	fz.	Andantino sostenuto.	Slow and sustained.	
Filoco			Allegro agitato	Quick, with agitation.	
Forioso Foandioso		Grando.	Allegro assai	Very quick. Quick, with brilliancy.	
Feave		Grand	Allegro con fuoco.	Quick, with fire.	
Frazioso	Smoothly, gracefully.		Allegro con spirito.	Quick, with spirit.	
Fuisto			Allegro moderato.	Moderately quick.	
Gnsto			Allegro piu mosso Allegro vivace	Rather quick. Very quick.	
	A group of notes, a turn.		Ben marcato	Well marked.	
Gepetuoso			Con forza		
Gresoluto			Con affesto		
Glrgo Grrghissimo	Slow. Extremely slow		Con brio. Con brio ed animato.		
	Slow, but not so slow as Largo		Con espressivo	With expression.	
	Smooth, connected.		Con dolecessa	With delicacy.	ľ
La ^{nt} o			Con dolore	Mournfully.	
	Gradually slower and softer.	Manada	Con energico	With energy. With ardor or fire.	
La ⁴ estoso.	Majestically. In strong marked style.	Maest ^{e.}	Con fuoco	•	
Le ⁴ ziale		Marzle.	Con gusto	With exactness and taste.	
Leino	Less.	Men.	Con moto	With emotion.	
Mederato.		Mod <u>to</u> .	Con spirito.	With spirit, animation.	
Melto.			Dolce con gusto Meno mosso	Sweetly with elegance. Less quickly.	
Messo	Gradually dying away. Motion.		Meno vivo	Less spirit.	
Moto			Piu lento	Rather slow.	
Mon		l	Piu presto	Kather accelerated.	1

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